With generally flat terrain and many access points, the trail is an ideal venue for all skill and fitness levels of cycling, running, walking and skating an unpaved equestrian trail parallels portions of the paved trail. The trail corridor traverses three counties (Citrus, Hernando and Pasco), offering an enjoyable, varied journey as it runs through small towns, ranches and six distinct natural communities between Citrus Springs and Dade City.

Plan your visit at FloridaStateParks.org
FLORIDA STATE PARKS
A MAJOR CONTRIBUTOR TO FLORIDA’S WELL-BEING!

The Florida State Parks and Trails system is one of the state’s greatest success stories having won the prestigious National Gold Medal of Excellence a record four times. Florida residents and visitors from around the world are drawn to Florida’s state parks and trails as *the places* to hike, bike, kayak, swim, fish, camp, lay on the beach, hunt for shells, learn about nature and Florida history, have family reunions, and even get married!

**Plan your visit at FloridaStateParks.org**

**FY 2022-23 Statewide Economic Data**

- 175 Florida State Parks and Trails (164 Parks / 11 Trails) comprising nearly 800,000 acres
- $3.6 billion direct economic impact
- $241 million in sales tax revenue
- 50,427 jobs supported
- Over 28 million visitors served

Friends of the Withlacochee State Trail are dedicated to promoting, supporting, and helping to maintain and make improvements to the Withlacochee State Trail. They accomplish these things by providing public education and outreach programs, holding fundraising events, sale of merchandise and by donating their time and talents to make sure that visitors to the Withlacochee State Trail have a great experience.

**Find Out More - Get Involved**

fotwst.org