CAMP HELEN STATE PARK
ONE OF THE LARGEST COASTAL DUNE LAKES IN FLORIDA

The park is bordered by the Gulf of Mexico and by Lake Powell, the largest coastal dune lake in Florida.

Prehistoric middens and mounds indicate that humans inhabited the area more than 4,000 years ago. From 1945 until 1987 Camp Helen was a company resort for the employees of an Alabama textile mill, known as Avondale Mills. Some of those buildings have now been restored.

This 180-acre park is for day use only. Activities include swimming, beachcombing, nature study, hiking and both freshwater and saltwater fishing.

Plan Your Visit at FloridaStateParks.org
FLORIDA STATE PARKS

A MAJOR CONTRIBUTOR TO FLORIDA’S WELL-BEING!

The Florida State Parks and Trails system is one of the state’s greatest success stories having won the prestigious National Gold Medal of Excellence a record four times. Florida residents and visitors from around the world, are drawn to Florida’s state parks and trails as the places to hike, bike, kayak, swim, fish, camp, lay on the beach, hunt for shells, learn about nature and Florida history, have family reunions, and even get married!

Plan your visit at FloridaStateParks.org

FY 2022-23 Statewide Economic Data

- 175 Florida State Parks and Trails (164 Parks / 11 Trails) comprising nearly 800,000 acres
- $3.6 billion direct economic impact
- $241 million in sales tax revenue
- 50,427 jobs supported
- Over 28 million visitors served

The Friends of Camp Helen State Park is a Citizens Support Organization dedicated to preserving, maintaining, and improving this park through volunteer projects, community events and fundraising. Some of our most recent projects include The Americana Concert series, History tours, International Coastal Clean-up and numerous facility improvements.

Find out more - be involved
FriendsOfCampHelen.org

This information fact sheet was produced by the Florida State Parks Foundation (FloridaStateParksFoundation.org)